



# FREE Preceptor Education

## Garden to Table Nutrition DI

### Zoom Meeting:

<https://us06web.zoom.us/j/9441235572?pwd=bGor d0FaWlYyV2FUeWgzZHFrN3hxZz09>

Meeting ID: 944 123 5572  
Passcode: GTTN

# 09 June

### Understanding Microaggressions and Polyamory

Speakers: Angie Cuddeback, Rebecca Hinojosa, Shannon Barham

*This talk meets the new ACEND requirement on training preceptors to understand microaggressions and bias.*

Insights from research and gleaned from GTTN interns supervised practice experience and research. Began as a class project, these talks were so fantastic we wanted to share them with preceptors.

**Approved by CDR for 1 CPE in Ethics**

60 minutes  
2PM PT, 3PM MT,  
4PM CT, 5PM ET

# 24 June

### Interactive Workshop - Food From Flowers

Speaker Susie Fox MS RD

#### Part 1 Webinar: *Creating Food From Flowers*

We'll start with the closer look at secret life of plant sex, how flowers create fruit. Then we'll use look at recipes using flower including dandelion wine, rose syrup, and rose petal candy.

#### Part 2 Lab: (optional, on your own) *Develop a recipe using flowers*

**RDNs can claim CPE for the one-hour for the lecture and an additional 2 hours for the lab.**

60 minutes  
9:30 AM PT, 10:30 AM MT,  
11:30 AM CT, 12:30 PM ET

# 22 July

### Interactive Workshop - Wildcrafting Dinner Party

Speaker Susie Fox MS RD

**Part 1 Webinar:** *Learn about the food you can find in your own backyard, in parks and in the woods.*

**Part 2 Lab: (optional, on your own)** *Create a dish from edible weeds.*

**RDNs can claim CPE for the one- hour for the lecture and an additional 2 hours for the lab.**

60 minutes  
9:30 AM PT, 10:30 AM MT,  
11:30 AM CT, 12:30 PM ET

12  
August

### Interactive Workshop – Catch and Store Energy

Speaker [Susie Fox MS RD](#) and [Nancy Miller, MS RD](#)

60 minutes

9:30 AM PT, 10:30 AM MT,  
11:30 AM CT, 12:30 PM ET

#### Part 1 Webinar: *Catch and Store Energy – Preserving Foods*

We'll focus on the permaculture principle "Catch and Store Energy" and how we can "store" the energy produced in the garden by dehydrating, canning, and freezing.

#### Part 2 Lab: (optional, on your own) *Try two preservation methods*

**RDNs can claim CPE for the one-hour for the lecture and an additional 2 hours for the lab.**

09  
Sept

### Lecture – Planetary Health on the Menu: Sustainability in Nutrition, Dietetics, and Food Systems

Speaker [Mary Purdy RDN](#),  
Integrative & Functional Eco-Dietitian

60 minutes

9:30 AM PT, 10:30 AM MT,  
11:30 AM CT, 12:30 PM ET

A clinical practitioner, speaker, writer, educator, dietetic preceptor, and community activist, she leverages her unique experiences to highlight the role current and future RDNs can play in promoting a more sustainable food system.

**Approved by CDR for 1 CPE in Ethics**

14  
Oct

### Lecture – What every RDN should know about Cannabis

Speaker [Janice Bissex, MS, RDN, FAND](#)

60 minutes

9:30 AM PT, 10:30 AM MT,  
11:30 AM CT, 12:30 PM ET

Janice is a Holistic Cannabis Practitioner, culinary nutritionist, cookbook author, speaker, and End-of-Life-Doula. She is Program Director, MS in Integrative and Functional Medicine – Cannabinoid Medical Sciences – at John Patrick University School of Integrative and Functional Medicine.

**RDNs can claim CPE for the one- hour for the lecture.**

These classes are designed to meet CDR requirements for Experiential Skills Development and can be logged on your Professional Development Plan. The labs will be done after the didactic meeting; the results from labs will be shared at the next meeting.

**Goals for Participants:** Increase skills, understanding, and enthusiasm for turning raw ingredients into food in ways that allow us to utilize local produce year round, improve digestibility/nutrient utilization.

**Goal for Garden to Table Nutrition (GTTN):** Increase our connection with our preceptors – invite them to join our garden-to-table journey. Gain skills, knowledge, insight from all community members (preceptors, interns). Increase connection/engagement between students and preceptors with the possibility of participating in this GTTN lead workshop together. Give back to preceptors in a meaningful way, educate our interns.

[\*\*CLICK HERE TO RSVP\*\*](#)